

Last Revised: September 2022

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COURSE INFORMATION

Course Title: Areas and Applications of Psychology

Course Number: PSYC 102

Credits: 3

Total Weeks: 14 (Fall, Spring)
12 (Summer) **Total Hours:** 39

Course Level: First Year Second Year
 New Revised Course
 Replacement Course

Department: Social Sciences **Department Head:** A. McDougall **Former Course Code(s) and Number(s) (if applicable):** N/A

Pre-requisites (If there are no prerequisites, type NONE): NONE

Co-requisite Statement (List if applicable or type NONE): NONE

Precluded Courses: N/A

COURSE DESCRIPTION

In this course students will focus on the major areas of study and applications of psychology: Motivation and emotion, personality, social, developmental, stress and health, psychological disorders, and their treatments, in relation to the basic psychological processes. Theory is related to the applied areas, group processes, personal adjustment, child rearing practices, and the modification of disordered behaviour.

LEARNING OUTCOMES

Upon successful completion of the course, students will be able to:

- Explain and evaluate topics and research in psychology
- Examine psychological issues related to applications in psychology (developmental, social psychology, personality theory, psychopathology, therapy, and stress and health)
- Critically evaluate theoretical perspectives related to psychology
- Apply theoretical perspectives related to psychology
- Apply writing skills in papers or examinations

INSTRUCTION AND GRADING

Instructional (Contact) Hours:

Type	Duration
Lecture	39
Seminars/Tutorials	
Laboratory	
Field Experience	
Other (<i>specify</i>):	
Total	39

Grading System: Letter Grades Percentage Pass/Fail Satisfactory/Unsatisfactory Other

Specify passing grade: 50%

Evaluation Activities and Weighting (total must equal 100%)

Assignments: 20% <i>Specify number of, variety, and nature of assignments:</i> Chapter Exercises10% Mastery exercises 10%	Lab Work: %	Participation: % <i>Specify nature of participation:</i>	Project: % <i>Specify nature of project:</i>
Quizzes/Test: 15% On line chapter tests	Midterm Exams: 20, 20 % Not cumulative	Final Exam: 25% Not cumulative	Other: % <i>Specify:</i>

TEXT(S) AND RESOURCE MATERIALS

Provide a full reference for each text and/or resource material and include whether required/not required.

McCann, D., Weiten, W., & Matheson, D.H. (2022). Psychology: Themes and variations (6th Canadian ed.). TO: Cengage. WITH **MINDTAP** online code.

COURSE TOPICS

List topics and sequence covered.

Week	Topic	Chapter
Week 1	Introduction to the course Motivation – introduction, theories – eating	10
Week 2	Motivation Continued, Emotion	10
Week 3	Emotion	10
Week 4	Human development across the lifespan	11
Week 5	Human development across the lifespan - Continued	11
Week 6	Examination 1 – Chapters 10 & 11: All materials, Lectures, Text – 20% Personality: Theory, Research, and Assessment	12
Week 8	Personality: Theory, Research, and Assessment – Continued Social Psychology	12 13
Week 9	Social Psychology	13 13
Week 10	Examination 2 – Chapters 12 & 13: All materials, Lectures, Text – 20% Psychological Disorders	15
Week 11	Psychological Disorders -- Continued	15
Week 12	Treatment of Psychological Disorders	16

Week 13	Stress and Health	14
Final Exam Period	Examination 3: Chapters 14 - 16: All materials, Lectures, Text	25%
Week 14	FINAL EXAM	

NOTES

1. Students are required to follow all College policies. Policies are available on the website at: [Coquitlam College Policies](#)
2. To find out how this course transfers, visit the BC Transfer Guide at: [bctransferguide.ca](#)