

Last Revised: April 2021

COURSE INFORMATION

Course Title: Theories of Personality

Course Number: PSYC 201

Credits: 3

Total Weeks: 14 (Fall, Spring)
12 (Summer)

Total Hours: 39

Course Level: First Year Second Year
 New Revised Course
 Replacement Course

Department: Social Sciences

Department Head: A. MacDougall

Former Course Code(s) and Number(s) (if applicable): N/A

Pre-requisites (If there are no prerequisites, type NONE): NONE

Co-requisite Statement (List if applicable or type NONE): NONE

Precluded Courses: N/A

COURSE DESCRIPTION

The main focus of this course is on the principal theories of personality. Some relevant research will be discussed. Theoretical approaches such as psychoanalysis, behaviorism, and phenomenology will be included.

LEARNING OUTCOMES

Upon successful completion of the course, students will be able to:

- Apply course content to an understanding of the nature of personality
- Describe and critically evaluate the primary theories of personality and related research
- Describe, discuss, and analyze current personality theory including the biological and behavioural genetic positions.
- Evaluate current research underlying personality theories
- Critically evaluate opposing philosophical and psychological systems as they pertain to personality

INSTRUCTION AND GRADING

Instructional (Contact) Hours:

Type	Duration
Lecture	39
Seminars/Tutorials	
Laboratory	
Field Experience	
Other (<i>specify</i>):	
Total	39

Grading System: Letter Grades Percentage Pass/Fail Satisfactory/Unsatisfactory Other

Specify passing grade: 50%

Evaluation Activities and Weighting (total must equal 100%)

Assignments: 30% <i>Specify number of, variety, and nature of assignments:</i>	Lab Work: %	Participation: % <i>Specify nature of participation:</i>	Project: 10% <i>Specify nature of project:</i>
Quizzes/Test: %	Midterm Exam: 20%	Final Exam: 40%	Other: % <i>Specify:</i>

TEXT(S) AND RESOURCE MATERIALS

Provide a full reference for each text and/or resource material and include whether required/not required.

Hergenhahn, B.R., Olson, M.H., & Cramer, K. (latest edition). An introduction to theories of personality. Toronto: Prentice Hall. Papers assigned over the course of the semester.

COURSE TOPICS

List topics and sequence covered.

Week	Topic	Chapter
Week 1	Introduction; Discussion of Personality	1
Week 2	Freud	2
Week 3	Jung	3
Week 4	Adler, Horney	4
Week 5	Erikson	6
Week 6	Allport	7
Week 7	MIDTERM EXAM	
Week 8	Cattell & Eysenck	8
Week 9	Skinner; Bandura & Mischel	7, 11
Week 10	Kelly	13
Week 11	Rogers; Maslow	14-15
Week 12	May	16
Week 13	Catchup and Review for Final	
Week 14	FINAL EXAM	

NOTES

1. Students are required to follow all College policies. Policies are available on the website at: [Coquitlam College Policies](#)
2. To find out how this course transfers, visit the BC Transfer Guide at: bctransferguide.ca