



International Student Self-Isolation Plan Form

The first priority of Coquitlam College is the health and safety of our students. We are also obligated to follow the regulations and recommendations of various authorities, including the Government of Canada, and the Province of British Columbia as well as local public health authorities.

The Government of Canada has put in place [an emergency order](#) under the *Quarantine Act*. It applies to all travellers arriving in Canada. Its purpose is to slow the spread of COVID-19 in Canada. Failure to comply with this order is an offence under the *Quarantine Act*.

When you arrive at the border, you will need to explain to the Canadian Border Services Agency officers why your trip is essential at this time. You also need to have an adequate plan to quarantine for two weeks. An adequate plan includes a plan to get from the airport to your self-isolation location with no stops, a location where you can safely self-isolate in accordance with [Public Health guidelines](#), and plans for how you will access food and any other necessities required during your self-isolation. Failure to meet these requirements may result in being denied entry to Canada, or having to carry out quarantine in a government-approved facility.

In order to ensure that students have appropriate self-isolation plans in place, we ask that you complete and sign the below form and return it to travelletter@coquitlamcollege.com prior to your travel. You should use this information when completing the questions in the [ArriveCAN App](#) and the [BC Self-isolation Plan](#). We recommend that you bring copies of these forms with you when travelling.

Personal Information

Name [Last, first]: _____

Date of birth (yyyy/mm/dd): _____

Coquitlam College Student ID # _____

Country of origin: _____

Passport number: _____

Home address: _____

Telephone number where I can be reached _____

Arrival information

Arrival date: _____ Port of entry into Canada: _____

Arrival from: _____ Arrival by (airline name & flight #): _____



Check the box below which applies:

I have made and confirmed my own arrangements to self-isolate (quarantine) for 14 days upon arrival in Canada, and will provide details for both my 1st 3 days in a government-approved hotel as well as details for my final 11 days of quarantine at the places detailed below.

I confirm that I am part of the Coquitlam College homestay program and have confirmed by booking and airport transportation through both the numbers listed below and the homestay office of Coquitlam College, detailed below.

1. Name and address of government-approved hotel for my 1st 3 days, that I booked either online or directly with the instructions found at the following canada.ca link: [here](#)

Hotel name _____

Hotel address _____

2. Self-Isolation Address for my final 11 days of quarantine (if applicable include the name of the hotel, homestay provider, address of your self-isolation accommodation):

Complete address, including hotel name if applicable:

3. Telephone number where I can be reached during my self-isolation. Please list your mobile number with which you can be contacted using WhatsApp. Either a local Canadian (+1) or overseas (ex. +91, +81, +86, +52, etc) are fine

Country code: _____ Complete telephone number: _____

I confirm that a representative from Coquitlam College can reach me daily at this #.

I also confirm that the following are provided by the self-isolation location, or that I have made arrangements for these:

- Transportation to self-isolation location such as taxi, shuttle, Uber/Lyft
- 3 meals/ day, delivered to my room or groceries delivered to me and kitchen facilities
- Access to needed toiletries, linen, cleaning supplies etc.

I, [STUDENT NAME] _____, confirm that I understand the importance of the quarantine procedure upon arrival in Canada, and will follow all requirements provided by the Government of Canada, for a full 14 days after my arrival in Canada.

Signature: _____ Date: _____