

# Career Life Education

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This newly developed course meets the learning standards for the new BC Curriculum course called Career Life Education.

Career Life Education (CLE) helps students to develop the skills they need to become self-directed individuals who set goals, make thoughtful decisions, and take responsibility for pursuing their goals throughout life. The course encourages students to explore a range of pathways beyond secondary school, develop health and wellness goals, and polish their employability and financial planning skills.

CLE is organized into the following units:

- Unit One - Self Assessment for Career and Life 10%
- Unit Two - Career Explorations 15%
- Unit Three - Career and Education Planning 15%
- Unit Four - Workplace Readiness 20%
- Unit Five - The Workplace 15%
- Unit Six - Wellness and Work-Life Balance 15%
- Unit Seven - Finances and Budgeting 10%

Students will UNDERSTAND (Big Ideas):

Career-life choices are made in a recurring cycle of planning, reflecting, adapting, and deciding.
Career-life decisions are influenced by internal and external factors, including local and global trends.
Cultivating networks and reciprocal relationships can support and broaden career-life awareness and options.
Finding balance between personal and work life promotes well-being.
Lifelong learning fosters career-life opportunities.

<https://curriculum.gov.bc.ca/curriculum/career-education>

**CLASS EXPECTATIONS:**

- Please respect the learning of others: turn cell phones **off** in class and come to class promptly.
- If you are absent, please speak with the teacher. YOU are responsible for missed work. Find a study buddy or two to contact for missed work.
- Hand in assignments on time! Late assignments will lose 10% of the total for each day they are late up to 5 days. Once an assignment is marked in class, late assignments are no longer accepted.

**\*\*IF YOU NEED EXTRA HELP, PLEASE MAKE AN APPOINTMENT WITH THE TEACHER**

**MATERIALS:** Pens/pencils, correction tape, highlighter, marking pen, 3-ring binder, lined paper and a laptop if possible.

**RESOURCES:**

Use of several websites including: Workbc.ca Worksafe.bc.com Educationplannerbc.ca CareerTrekbc.ca	Guest Speakers: Worksafe speaker RBC Shelly Fennel Mental Health expert/Meditation Avia Employment Services
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**Plagiarism and Cheating:** Any students that plagiarize any portion of an assignment will receive a zero and possibly a comment on their report card. The problem will also be referred to administration. For your own protection, keep all drafts of all work until the end of the school year.

## WEEKLY COURSE OUTLINE

### Career Life Education

Week	UNITS	
1	Self Assessment for Career and Life	Learning Styles and Inventories
2	Career Explorations	Create a Work BC account– <i>My Blue Print</i> Start ChatterHigh to learn about post secondary options Research possible careers re: skills and interests (career trek)
3		Focus Areas – 15 occupations and descriptions Labour Market Research – Compare careers (Work BC)
4	Career and Education Planning	Post Secondary Scavenger Hunt Post Secondary Institution Comparison
5		Post Secondary Presentation of Analysis Panel discussion/ Brochure/ Advertisement (Piktochart.com)
6	Workplace Readiness	Employability skills/ Marketing 21 <sup>st</sup> Century Skills Job search, Resume, Cover Letter, Interview Volunteerism
7		Job Search, Resume, Cover Letter, Interview Elevator Pitch
8		Mock Interviews
9	The Workplace	Worksafe.bc – Curtis Ketter re: testimony (Mark) <ul style="list-style-type: none"> <li>• Lost Youth Videos T/F</li> <li>• Rights and Responsibilities</li> <li>• Scenarios</li> </ul> See it/Think it/ Do it
10	Finances/ Budgeting	Needs vs Wants, Cost of living, Inflation, Compound interest, Credit/Debt
11		Project: Budget after high school show examples
12	Wellness and work Life Balance	Mental Health Speaker (Stress, Anxiety, Depression) Mindfulness Communication in diverse environments Self vs others awareness
13		Digital Citizenship
14	FINAL PROJECT	i.e. Transition Plan